

MLFA PHILOSOPHY

1. **Safety, Sportsmanship, and Education** are the primary goals of the Mt. Lebanon Football Association.
2. Coaches will concentrate on providing the best of all possible tutelage in the basics of football; stressing teamwork and sportsmanship, as well as the fundamentals of the game.
3. Coaches will make every effort to stress to their players the need to follow directions and attend all practices and games.
4. Coaches and Assistant Coaches will confine any policy difference with the league or judgements by game officials to appropriate league meetings and shall not relay their feelings to players or parents.
5. Head Coaches will attempt to play each of his players the maximum amount of time possible dependent upon each player's ability, desire, and attendance, and in accordance with specific league rules.
6. Coaches are encouraged to accept assistance from qualified parents and add them to the coaching staff when feasible and in accordance with specific league rules.
7. **COACHES AND DIRECTORS WILL ADHERE TO THIS PHILOSOPHY WITHOUT EXCEPTION.**

4/4/06 (modified 10/09/06)

VARIATIONS/AMENDMENTS TO NATIONAL FEDERATION OF HIGH SCHOOL

TERMITE RULES

Mt. Lebanon Football Association approved rules shall be followed during Termite games, and will be enforced, with the following amendments:

1. Two coaches shall be permitted in the huddle.
2. Game time will be limited to 1 hour including half time. Each half will be a 25-minute running clock. Each team has 3 time-outs per half. All time-outs are 45 seconds.
3. All players on a Termite team will be a "starter" either on offense or defense for each game. This will be classified as the "**ALL PLAY RULE.**"

4. Players will learn to play all positions defensively and offensively regardless of size or weight however, prior to the draft the Termite Director with Board approval will determine “skilled weight” for the Termite League. In the event of a tie the President will cast the deciding vote.

All players above the “skilled weight” will be restricted to the following:

- Must be positioned on the line of scrimmage offensively and defensively
- May not be positioned in the backfield or in a return position on special teams
- May advance a fumble or interception

4/4/06 (modified 08/19/07)

5. There shall be 8 players on the field per team during league games.
6. Termite League scores and statistics are NOT to be “officially” kept by head or assistant coaches.
7. Coaches are encouraged to utilize grease boards in the huddles.
8. Rules for Offense:
 - The quarterback must take the “snap” from the center back. The center shall not pass or hike the ball to the quarterback.
 - The cadence for all plays shall be “Ready, Set, Hut”
 - Offensive formation is limited to the T-Formation.
 - For an eight-player formation, there shall be a center, two guards, two tackles/ends, a quarterback and two running backs.
 - All running plays are encouraged except: quarterback sneak behind the center or one or two gap, reverses and end-a-rounds.
 - The offensive line may line up toe to toe or up to one yard splits.
 - Pass plays/receivers shall be limited to the running backs and ends.
 - Motion is not permitted.

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	LB		LB	
DL	DL		DL	DL
OL/E	OL	C	OL	OL/E
		QB		
	RB		RB	

8. Rules for Defense:

- The Defensive scheme for an eight-player formation shall include 4 defensive linemen, 2 linebackers and 2 safeties.
- No pre-planned or design blitzes – movement towards the ball PRIOR to the snap is prohibited.
- All defensive linemen, including defensive ends, are required to line “head-up” on the offensive linemen, with the exception of the center (i.e., no defensive lineman is permitted to line head up with the center). No line stunts, games, stems for defense is permitted.
- No defensive lineman or linebacker may line up outside the last man on the offensive line
- Linebackers are to be at least two yards from line of scrimmage.
- Safeties are to be at least 7 yards from line of scrimmage and no more than 3 yards outside the end.

9. Rules for Special Teams:

- There will be no turnovers on special teams as a result of a fumble, botched kick etc; the receiving team will always retain possession of the ball.
- The punter shall start with the ball (no snap), the opposing team shall not rush the punter

10. Any changes to Termite League rules (i.e. formations, playing time, alignment etc.) must be agreed upon by all the Termite Head Coaches and approved by Termite Director along with approval from the board.

11. Penalties: All penalties will be assessed 3 yards.

02/14/2007

Termite DRAFT PROCEDURE

1. All coaches involved in the Termite program are encouraged to attend.
2. The “skilled weight” will be announced prior to the draft and those players exceeding the “skilled weight” will be identified based on the registration or final weigh-in.

4/4/06 (modified 08/19/07)

3. Prior to the draft, the Termite Director, President and at least one board member will rank the talent of all registered players. The talent of players will be established by utilizing evaluations of returning players and any other available information on each player. After ranking all players and to facilitate parity, each Head Coach will be assigned an evenly distributed “core” group of players for his team. The remaining talent will be then be drafted by the Head Coaches to finish out each teams roster. There will be no “pre-planned” coaching assignments.

02/14/2007